

Living On Mission Assessment

This assessment determines whether or not you are living your life on mission. (Remember that your life mission is your purpose or why you were created, including every aspect of life, not just your vocation or ministry.) It is easy to get caught in living in the urgent, in the minutia, or spending your time on things that will not get you to your desired destination or result. To accurately assess missional living, it is best to know your mission and have it plotted on your weekly, monthly, and yearly calendar. You can purchase my life planning manual, “The Starting Line,” here, which will take you through the process of finding and writing your life mission and plotting it on your calendars.

As you answer the following questions, think deeply, be honest, and avoid calculating the result in totality. Keep your focus on each individual question. This is intended to be a weekly or daily assessment. Assign a number value to each answer of 0-5.

0=Absolutely not

1= Very little

2= Sometimes

3= Half the time

4= Most of the time

5= All of the time

Score	Question
	I completely understand what my mission looks like on my calendar/schedule.
	I completely understand what I had planned to accomplish and how I wanted to use my time this week/day.
	I have spent most of my time in the “important but not urgent” quadrant. (See the 4 quadrants of time management worksheet)
	I have not been a victim of the tyranny of the urgent.
	I have prioritized my primary mission objectives with my time.
	I have minimized the time wasters that keep me from my mission.
	I have allowed myself time for enjoyment.
	I have tackled the most important tasks for my success.
	I was able to have time with my spouse.
	I have ensured I don’t have unreasonable expectations of my daily work product.
	I spent the most time on the most important priorities.
	I am closer to my missional objectives.
	I have started my day with the most critical tasks that will help me successfully fulfill my stated mission.
	I was able to have personal growth/care time.
	I avoided the things that wouldn’t fulfill my life mission.
	I was able to have family time as planned.

Total score – _____

72-80 – You are living on mission! Congratulations!

64-71 – You are living on mission most of the time but need to focus more or understand what your mission is and looks like on your calendar.

48-63 – You grasp what you are supposed to do but are distracted and swept away from what you want to do.

32-47 – You need to clarify your mission and focus on the important things in life that will propel you to your mission.

16-31 – You must create your life mission with more understanding and/or overhaul how you operate your life, calendar/schedule, or you are victimized with your time or any combination of the above ideas. Regardless, you could use a coach to help you see what needs to be corrected or what foundational belief system needs to be reevaluated.

0-15 – You have no idea of what your mission is, and/or you have no idea how to initiate a plan to attain it.